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Neurotoxicity After Chemotherapy With Vinorelbine

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VINORELBINE (VNB) is a semi-synthetic 5'-nor-vinca alkaloid whose interesting antitumor activity seems coupled with mild toxicity. Leukopenia has been reported as the dose-limiting factor and neurotoxicity is characterised by constipation (40%) and paralytic ileus (1.5%).

We evaluated 27 patients with advanced solid cancers, most of them previously treated with radiotherapy and/or chemotherapy, who received VNB at the recommended weekly dose of 30 mg/m² (25 mg/m² in 4 patients with poor performance status and/or past heavy treatments), given in 20 min infusion without routine prophylactic antiemetics. The median number of administrations was 4 (range 1-11).

Toxicity was evaluable in 24 patients, as 3 were lost to follow-up after the first administration. According to WHO criteria,

the worst haematological toxicity was grade III leukopenia in 4 previously chemo-treated patients. Peripheral neurotoxicity was negligible (grade I in 1 patient), but constipation emerged as the most prominent toxic effect in 7 patients (30%), two of them (9%) presented clinical signs of paralytic ileus. Particularly, constipation occurred at grade II-III after one administration in 3 previously untreated patients and with grade III in 2 patients who had received cisplatin-based chemotherapy; grade IV was observed after one administration at 25 mg/m² in 2 patients (breast and head and neck cancer), both treated earlier with heavy and prolonged chemotherapy. Symptoms recovered without sequelae after VNB discontinuation, but hospital admission and supportive care were needed in the latter 2 patients, whose paralytic ileus-related symptoms completely recovered after 5-7 days.

More toxic side-effects included nausea, grade II hair loss and moderate phlebitis on the site of injection.

The percentage of constipation cases we observed is consistent with other published data, but the grade was unexpected. All patients affected with constipation had neither particular neuropathological risk factors nor took narcotics prior or during chemotherapy, thus the onset of such an intense neurotoxicity remains unclear. Previous treatments with neurotoxic drugs seem a reasonable explanation but this does not apply to untreated patients. In summary our experience has confirmed VNB as an interesting drug with significant activity in advanced and pretreated patients (data not shown and to follow) but less manageable than expected. Myelotoxicity was not as severe in our case series as reported in the literature. We might conclude with a word of caution when VNB is planned in patients previously treated with potentially neurotoxic drugs.

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